

**FALL/WINTER
2020-21
PROGRAM
BROCHURE**

**New Baltimore
& Parks
Recreation**
Creating Community Through Recreation



FEND OFF THAT CABIN FEVER!

Adult sports and fitness starting on page 6

PERFECT PAW-STURE

Dog obedience classes and other leisure learning classes on page 11

GET IN THE HOLIDAY SPIRIT

Holiday and special events on pages 14 & 15

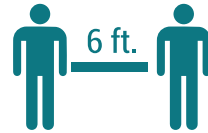
www.nbrecreation.org

UNTIL FURTHER NOTICE, NBPR IS FOLLOWING CDC GUIDELINES FOR ALL INDOOR RECREATION PROGRAMS

- A face covering must be worn at all times.



- When possible, maintain at least 6 feet of distance from anyone outside your household.



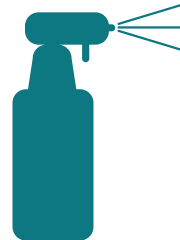
- Cover your cough or sneeze.



- Wash your hands before and after participating in any recreational activity.



- Sanitize all equipment and supplies when you're done using them.



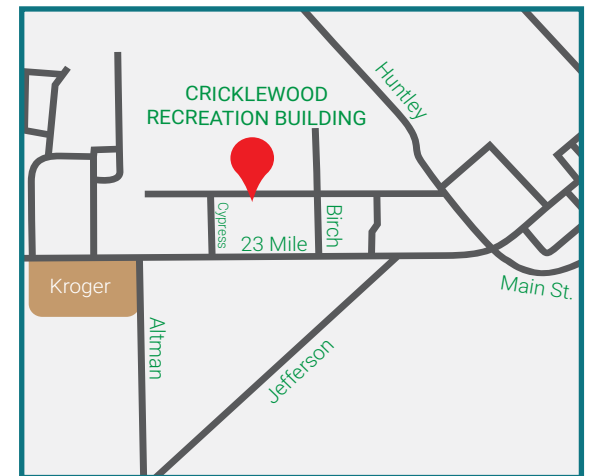
- If you are not feeling well, please stay home.

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PARKS & RECREATION OFFICE LOCATION

35248 Cricklewood Blvd.
New Baltimore, MI 48047
(Attached To Bev's Dance Studio)



General Information

CLASS REGISTRATION Information

- Adult classes are open to persons age 18 and older, unless otherwise indicated.
- Classes are funded by your fees. Classes that do not meet established minimums will have to be cancelled. **Please register early to avoid cancelled classes! Classes will usually be cancelled the business day before a program starts, and all registered participants will be notified and refunded.**
- The City of New Baltimore and its administration are not responsible for any activities that take place outside of the scheduled practice or class times between the teacher/coach and participants.

Confirmation

When you register online for New Baltimore Parks & Recreation classes, you will receive a confirmation email. You may request to have a paper receipt printed when registering in person, otherwise a confirmation will not be sent.

Material Fees

All material fees listed in class descriptions are paid to the instructor prior to or at the first class. Before purchasing supplies, check with the office to be sure your class will be meeting.

Waivers

For activities and classes that require waivers, the waiver must be filled out prior to the activity/class beginning.

PLEASE REGISTER EARLY!

Don't let your class be cancelled due to low enrollment!

FOLLOW NBPR ON SOCIAL MEDIA!



New Baltimore Parks & Recreation Department



@NBParksandRec



@NBRecreation

Registration and Refund Policies

Registration Policies

- All registrations must be made more than 2 business days prior to the start date of the class, unless an exception is made by the director. (ex. classes starting Monday need to register by the prior Wednesday)

General Class Refund Policies

- Participant cancellations made prior to the start of the second class will receive a refund, withholding a \$5 processing fee.
- Participant cancellations made after the start of the second class will not receive a refund.
- Participant cancellations made at any time due to an emergency will receive a pro-rated refund, withholding a \$5 processing fee, if approved by the Parks & Recreation Director.
- Cancellations made by New Baltimore Parks & Recreation will result in participants receiving a full refund.
- Single class cancellations made by New Baltimore Parks & Recreation due to inclement weather, emergencies, or other circumstances will be rescheduled, if possible. *No refunds will be given if a make-up date is available.*

Special Event Refund Policies

- This policy includes all one-time events such as races, holiday events, dances, or movies in the park.
- Cancellations for special events made 7 days prior to the event will receive a refund, withholding a \$5 processing fee.
- Cancellations made less than 7 days prior to the events will not receive a refund.
- Participant cancellations made prior to the day of an event/class due to an emergency will receive a refund, withholding a \$5 processing fee, if approved by the Parks & Recreation Director.

ADULT SPORTS & FITNESS

DROP-IN PICKLEBALL

Pickleball is a fun court game similar to tennis that is played with a whiffle ball and paddle. In the Anchor Bay community, pickleball has been a rapidly growing sport that has grown to include both indoor and outdoor playing time. The game can be played as singles or doubles so bring a friend and join in the fun. Pre-registration is not necessary for this drop-in activity.



Join the participant run Facebook group: New Baltimore Pickleball
DROP IN: \$2 Resident, \$3 Non-Resident

INDOOR PLAY

THURSDAYS • 6:00 - 8:00PM • CRICKLEWOOD REC BLDG.

Fall Session 10/22 - 12/17 **No Play 11/26**

Winter Session 1/7 - 2/25

TAI CHI

Meditation and movement are the focus of this class. Awareness and breathing exercises are used to help strengthen core muscles and aid in the relief of arthritis and other joint pain. Qi Gong movements and adaptive chair movements will be integrated for beginner students. This class is perfect for those who are looking for a low-impact alternative exercise for personal health and balance. Pay for the full session to save some money!



TUESDAYS • 11:00AM - 12:00PM

LOCATION: Cricklewood Recreation Building

COST: Drop In Rate: \$10 Resident, \$12 Non-Resident

Full Session Rate: \$70 Resident, \$84 Non-Resident

Half Session Rate: \$35 Resident, \$42 Non-Resident

Fall Half Session 11/17 - 12/8 4 Classes
 Winter Full Session 1/5 - 2/23 8 Classes

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TURN UP DANCE FITNESS

This class combines dance with elements of fitness (dance, HIIT, toning, and active recovery). We evolve to live unapologetically, loudly, and to dance ruthlessly. Get ready to work, shake, flex, and slay your way to a healthier you!



THURSDAYS • 6:30 - 7:30PM • 6 CLASSES

LOCATION: Cricklewood Recreation Building

COST: Full Session: 48 Resident, \$52 Non-Resident

Drop In Rate: \$10 per class

Session 1 10/29 - 12/10 **No Class 11/26**

Session 2 1/7 - 2/11

RUN CLUB

Come and meet new friends while getting some exercise! Runners of all abilities are welcome. Get connected on the group-run Facebook page: New Baltimore Running Club.

THURSDAYS • 6:00PM • CRICKLEWOOD RECREATION BUILDING • FREE



YOUTH SPORTS, FITNESS, & DANCE

The following classes are in partnership with and held at the Anchor Bay Dance Center: 35292 23 Mile Road in the Plaza at the Point.

LITTLE MOVERS - AGES 2-3

Creative movement in our Little Movers class can positively impact a child's physical, emotional, and mental health while channeling their energy into exploring self-expression!

COST: \$100 Resident, \$105 Non-Resident

| | |
|----------------------------------|---------------------------------|
| TUESDAYS • 9:30 - 10:00AM | TUESDAYS • 1:00 - 1:30PM |
| Session 1 9/8 - 10/27 | Session 1 9/8 - 10/27 |
| Session 2 11/3 - 1/5 | Session 2 11/3 - 1/5 |
| Session 3 1/12 - 3/2 | Session 3 1/12 - 3/2 |

SATURDAYS • 10:45 - 11:15AM

| |
|------------------------|
| Session 1 9/12 - 10/31 |
| Session 2 11/7 - 1/9 |
| Session 3 1/16 - 3/6 |



PRIMARY DANCE - AGES 3-5

We develop an enjoyment of music and movement as well as positive self-image as primary goals. Basic terms and steps are taught will be taught as we begin the foundation of these young dancers.

COST: \$100 Resident, \$105 Non-Resident

DAYS: Tuesdays

TAP

BALLET

AGE 3-4: 10:00-10:30AM
AGE 4-5: 11:30-12:00PM

| |
|-----------------------|
| Session 1 9/8 - 10/27 |
| Session 2 11/3 - 1/5 |
| Session 3 1/12 - 3/2 |

AGE 3-4: 10:30-11:00AM
AGE 4-5: 12:00-12:30PM

| |
|-----------------------|
| Session 1 9/8 - 10/27 |
| Session 2 11/3 - 1/5 |
| Session 3 1/12 - 3/2 |

HIP HOP

AGE 3-4: 11:00-11:30AM
AGE 4-5: 12:30-1:00PM

| |
|-----------------------|
| Session 1 9/8 - 10/27 |
| Session 2 11/3 - 1/5 |
| Session 3 1/12 - 3/2 |

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DANCE SAMPLER - AGES 5-12

In this sampler, students will learn basic to intermediate dance techniques and terminology in Ballet, Jazz, Hip Hop, and Lyrical. The session will culminate in a mini performance on the last day of class.

COST: \$115 Resident, \$120 Non-Resident

DAYS: Saturdays

AGE 5-7 • 12:45 - 1:30PM

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|------------------------|
| Session 1 9/12 - 10/31 |
| Session 2 11/7 - 1/9 |
| Session 3 1/16 - 3/6 |

AGE 8-10 • 1:30 - 2:15PM

| |
|------------------------|
| Session 1 9/12 - 10/31 |
| Session 2 11/7 - 1/9 |
| Session 3 1/16 - 3/6 |

AGE 11-12 • 2:15 - 3:15PM

| |
|------------------------|
| Session 1 9/12 - 10/31 |
| Session 2 11/7 - 1/9 |
| Session 3 1/16 - 3/6 |

BOYS ONLY HIP HOP - AGES 5-10

This class is designed for boys to gain rhythm, learn tricks, and have fun. This is a great way to workout, have fun, and gain confidence. Intended for male students.

WEDNESDAYS • 6:00 - 6:45PM • COST: \$100 Resident, \$105 Non-Resident

| |
|------------------------|
| Session 1: 9/9 - 10/28 |
| Session 2: 11/4 - 1/6 |
| Session 3: 1/13 - 3/3 |



WINTER DAY CAMP



Our Winter Day Camp is a shorter, smaller version of our Summer Camp. Kids age 6 - 12 will be kept active and happy while they play group games, do crafts, and play sports. Campers are overseen by a very select group of counselors that have experience working with children in a variety of environments.

SPOTS ARE LIMITED, SO REGISTER EARLY!

12/21 - 23 & 12/28 - 30

LOCATION: Cricklewood Recreation Building

COST PER DAY: \$15 Resident, \$20 Non-Resident

TIME: 8:00AM - 5:00PM

MARTIAL ARTS

JUDO - AGE 6 to ADULT

Judo, the "Gentle Art of Self Defense", combines skills, endurance, and sportsmanship while building character. This class offers the basic fundamentals of various throwing techniques, hold downs, and breaks.



WEDNESDAYS • 7:15 - 8:15PM • 6 Classes

LOCATION: Cricklewood Recreation Building

COST: \$54 Resident, \$60 Non-Resident

Session 1 10/28 - 12/9 **NO CLASS 11/11**

Session 2 1/6 - 2/10

KARATE - AGE 8 to ADULT

This is a family oriented martial arts class that is held for both adults and children ages 7 and above. The style of martial art that is taught is Isshin-ryu Karate. Basic punching, kicking, and blocking methods will be taught through interactive and personal instruction.



TUESDAYS

BEGINNER 6:30 - 7:30PM

ADVANCED 7:30 - 9:00PM

LOCATION: Cricklewood Recreation Building

Winter Session 1/5 - 2/23 8 Classes \$56 Resident, \$64 Non-Resident

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LEISURE LEARNING

BASIC DOG OBEDIENCE

This course is for dogs ages 5 months and older, and will teach basic manners with impulse control and relationship building exercises. It also focuses on management and redirection techniques for established problem behaviors. Basic commands will be taught, such as sit, stay, come, leave it, and many more. **Please provide proof of rabies and DHLPP vaccinations at time of registration.**



TUESDAYS, 7:15 - 8:15 PM • 6 CLASSES PER SESSION

LOCATION: Cricklewood Recreation Building

COST: \$100 Resident, \$105 Non-Resident. Second Dog is \$90.

Session 1 10/27 - 12/8

NO CLASS 11/3

Session 2 1/12 - 2/16

BALLROOM DANCE - AGES 18 to ADULT

This class is for beginner to intermediate level social dancers who want to dance comfortably to a variety of music at parties, weddings, cruises and dance events. You will learn basic Ballroom and Rhythm patterns in Waltz, Foxtrot, Tango, Rumba, Cha-Cha, and other various club style dances.



6 CLASSES PER SESSION

LOCATION: Cricklewood Recreation Building

COST: \$50

MONDAYS • 7:30 - 8:45PM • AGE 16+

Session 1 10/26 - 11/30

Session 2 1/4 - 2/22 **No Class 1/18, 2/15**

THURSDAYS • 1:00 - 2:15PM • AGE 18+

Session 1 10/29 - 12/10 **No Class 11/26**

Session 2 1/7 - 2/11

COOKING LEVEL 1 - AGES 6-11

This is the perfect introduction to cooking for children. Simple, fun, and delicious recipes will be used to help students develop their skills in the kitchen. Basic kitchen safety, terminology, and concepts will be presented each week.



\$10 materials fee payable to instructor at first class.

WEDNESDAYS, 6:00 - 7:00PM • 6 CLASSES PER SESSION

LOCATION: Cricklewood Recreation Building

COST: \$54 Resident, \$59 Non-Resident.

Session 1 11/4 - 12/16 **NO CLASS 11/11**

Session 2 1/13 - 2/17

ART, MUSIC, & THEATRE

CHILDREN'S ART LEVEL 2 - AGE 9-12

This is a great class for students who want to expand their knowledge of art. Weekly concepts and projects will be fun and educational. Basic art concepts, terminology, and techniques will be taught. Each student must supply their own colored pencils, crayons, markers, scissors, paint brushes, and ruler. Students should also bring a smock or wear clothing that can get soiled.



\$10 materials fee payable to instructor at first class.

TUESDAYS • 6:00 - 7:00PM • 6 CLASSES

LOCATION: Cricklewood Recreation Building

COST: \$54 Resident, \$59 Non-Resident

Session 1 10/27 - 12/8 **NO CLASS 11/3**

Session 2 1/12 - 2/16

PIANO LEVEL 1 - AGE 6-11

Students will learn music terms and symbols, keyboard skills, sight-reading, and theory. Learning is carefully planned for steady progress and student enjoyment. Students must bring their own keyboard to participate.



\$13 book fee payable to instructor at first class.

TUESDAYS • 5:00 - 6:00PM • 6 CLASSES

LOCATION: Cricklewood Recreation Building

COST: \$66 Resident, \$71 Non-Resident

Session 1 10/27 - 12/8 **NO CLASS 11/3**

Session 2 1/12 - 2/16

Creating Community Through Recreation

SPONSORSHIP & ADVERTISING OPPORTUNITIES AVAILABLE!

Year round, the Parks & Recreation Department plans special events, activities, and programs that bring thousands of people to the New Baltimore area. We also produce this brochure twice each year. These are all great opportunities for businesses to support the community and get their name out to the public. If you're interested in sponsoring a single event or multiple programs please contact Tim Novak, Director of Parks & Recreation, at tnovak@cityofnewbaltimore.org for more information.

POTENTIAL SPONSORSHIPS:

- Youth Baseball Program
- Summer Camp
- Jingle Bell Run
- Bay Area Fishing Tournament
- Daddy Daughter Dance
- AND MUCH, MUCH MORE!

SPECIAL EVENTS



TUMBLIN' PUMPKINS

Don't just throw out your old pumpkin. Send it tumblin'! Join us at Maynard "Red" Aurand Memorial Park where you can roll your pumpkin down the hill for a chance to win various prizes.

SUNDAY, 11/1 • 2:00 - 4:00PM

LOCATION: Maynard "Red" Aurand Memorial Park
52915 HUntley Ave.

COST: FREE - MUST PRE-REGISTER

HALLOWEEN DECORATING CONTEST

Show your holiday spirit by nominating yourself, your neighbor, or your friend in our first ever Halloween Decorating Contest! Nominations will be taken at the Cricklewood Recreation Building until October 25. Nominated homes are judged the week of October 26-30 by the Parks and Recreation Commission.



SAVE THE DATE!
DECEMBER 13, 2020
MORE INFO TO COME

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HOLIDAY LIGHTS CONTEST

Show your holiday spirit by nominating yourself, your neighbor, or your friend in our annual Holiday Lights Contest! Nominations will be taken at the Cricklewood Recreation Building from November 30 - December 13. Nominated homes are judged the week of December 14 - 18 by the Parks and Recreation Commission. Visit our website for the official rules for entry.



SUPER BOWL TRIVIA

This fun, **FREE** trivia game is for sports fans and armchair quarterbacks everywhere. Check out our Facebook page from January 25 - February 5 for a link to the trivia survey. Prizes for the top 3 places.



DADDY DAUGHTER DANCE

Join us as we enter an enchanted forest full of mystical creatures! Unicorns, fairies, elves, and gnomes make this a very special dance. Choose between a luncheon or a dinner along with dancing, games, photo booth, and portrait photos.

Registration begins December 7.

SATURDAY, 2/13

LUNCHEON: 1-4PM • DINNER: 6-9PM

LOCATION: Cedar Glen Banquet Center

COST: \$25 per adult, \$20 per child